



Snohomish County
Human Services

2018

Early Learning Services Outcomes

The mission of Human Services is to help all persons meet their basic needs and develop their potential by providing timely, effective human services and building community.





Photo: Central Penn Parent

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Birth to Five

Across the Continuum:
Early Learning Services Outcomes 2018

Snohomish County Human Services
Developmental Disabilities & Early Learning Division
3000 Rockefeller Ave M/S 305
Everett, WA 98201

Questions about eligibility for services? Call...

North Snohomish County Early Head Start
425-388-6439

Early Intervention Program Referral Line
425-388-7402

Early Childhood Education and Assistance Program
425-388-7010

Edit/Design: Laurie Bain-Smith



Snohomish County



WASHINGTON STATE
Department of
Children, Youth, and Families



Office of Head Start

BIRTH TO FIVE: ACROSS THE CONTINUUM



Snohomish County

Dave Somers
County Executive

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January 31, 2019

Dear Neighbor:

I am pleased to present *Across the Continuum: Early Learning Services Outcomes 2017-2018*. These Snohomish County programs provide a continuum of services to prepare children of all abilities for success in school and life:

- **The Early Intervention Program** ensures that comprehensive coordinated services are readily available to families with children age birth to three years old who have developmental disabilities. These services are provided in the child's home and in community settings where families live and play.
- **North Snohomish County Early Head Start** is a weekly home-visiting program that partners with families to establish strong attachment and bonding, fosters healthy child development, and increases family economic stability and well-being. Income eligible families include pregnant mothers and children age birth to three years old.
- **Early Childhood Education and Assistance Program** is a comprehensive program serving income eligible families with children age three to four years old that provides preschool education, family engagement, and health services to prepare children for kindergarten and increase family economic stability and well-being.

As noted throughout the report, these early learning services are successfully fostering healthy child development and strong, stable families for our most at-risk children – those experiencing poverty and/or a developmental disability. I am proud to share these outcomes and accomplishments. They are the result of tremendous dedication and hard work by participating families and staff from community agencies and Snohomish County. The collective efforts of these committed partners will ensure that our next generation has the capacity to sustain a strong and thriving community.

I would like to extend our gratitude and appreciation to the Washington State Department of Children Youth and Families, the Washington State Department of Developmental Disabilities, and the United States Department of Health and Human Services. These Snohomish County programs would not be possible without their generous funding, technical assistance, and strategic leadership.

Sincerely,

Dave Somers
Snohomish County Executive

Snohomish County Early Learning Services

A Continuum of Services Prenatal To Five

Snohomish County Human Services Department houses many programs to assist Snohomish County residents to meet their basic needs and develop their potential. The Department operates three early learning programs under its Developmental Disabilities and Early Learning Division. These programs provide a continuum of services to prepare children of all abilities for success in school and life.



North Snohomish County Early Head Start (NSC EHS)

Serving Prenatal to Age Three

A home-visiting, child-development program for income-eligible families with infants and toddlers, and pregnant mothers. EHS uses an inclusive, collaborative approach with families to promote the growth and development of children through supporting parents as the child's first and best teacher. NSC EHS serves 82 families in the four communities of Arlington, Granite Falls, Marysville, and Sultan.

***Funded by the
Office of Head Start***



Early Intervention Program (EIP)

Serving Age Birth to Three

Snohomish County is the local lead Early Support for Infants and Toddlers (ESIT) agency for the county, serving over 1,000 children monthly. EIP contracts with early intervention providers throughout the County. EIP supports the development and learning of children age birth to three with developmental delays or disabilities. EIP also provides coaching and support to parents and caregivers. Services are provided in the child's *natural environments* – home and community settings.

***Funded by the
WA State Department of
Children, Youth and Families,
Developmental Disabilities
Administration, and local school
districts***



Early Childhood Education and Assistance Program (ECEAP)

Serving Age Three To Five
Years

A pre-kindergarten program designed to serve income-eligible children and their families. ECEAP provides education, family support, and health and nutrition services for children. In program year 2017-2018 ECEAP served 1,485 children and their families at 24 sites in Snohomish County.

***Funded by the
WA State Department of
Children, Youth and Families***

North Snohomish County Early Head Start Services and Outcomes 2018

A Profile of Our Families

Children served (cumulative number)	134
Average monthly enrollment	85
% of eligible children served	90
Pregnant women served	6
Ages of children served:	
< 1 Year	41
1 Year	45
2 Years	41
3 Years	7
Ethnicity:	
Hispanic/Latino	66
Non-Hispanic/Latino	74
Non-English speakers	46
Homeless served	30
Single parent families	45
Single parent families employed	6
Received:	
TANF/SSI	39
WIC	108
SNAP	9
Child qualifies for early intervention	32

NSC EHS provides holistic services that promote healthy child development through strong parent-child attachment and relationship. Our curricula:

Creative Curriculum for Infants, Toddlers and Twos focuses on children's strengths and *emergent learning*—using daily experiences as learning opportunities.

Circle of Security (COS) focuses on helping parents understand the importance of bonding and security. COS supports parent and child attachment and responsive caregiving.

Partners for a Health Baby promotes prenatal health, positive parenting, enhanced child health and development, infant mental health, and family stability.

The Home-Based Model. NSC EHS uses the *home-based model*. Staff work closely with parents in the home environment to promote child development, help families access community resources, and build parent-child attachment. Emphasis is placed on family goal-setting based on individual family culture and needs. Staff provide each family one 90-minute home visit per week.

Home Visits Completed 3,508

Socializations

In addition to home visits, NSC EHS provides *socializations* twice monthly, where families get together and participate in play and learning activities. Socialization provides a unique opportunity for early learners to interact with peers and bond with parents. Parents have the opportunity to socialize, support one another, and build friendships.

Socializations completed 24
Families attending 180

Health Services

Medical exams completed 84%
Dental exams completed 83%

Inclusion

NSC EHS uses an *inclusion model*, in which *all* children, including those with disabilities or delays, receive services to fit their individual needs and have the opportunity to learn and play together. Children receive developmental screenings to ensure timely referral to evaluations if needed. Infant-Toddler Specialists work with the NSC EHS Disabilities Coordinator, Part-C agencies such as partner Early Intervention Program, and parents to develop an Individual Family Services Plan (IFSP) for children with identified disabilities. The IFSP engages the family and child in a range of activities to promote learning, growth and healthy relationships.

- ◆ 10% of children on an IFSP were determined eligible for services prior to enrollment.
- ◆ 2% of children on an IFSP were determined eligible for services during enrollment year.

North Snohomish County Early Head Start Services and Outcomes 2018

Kindergarten-Readiness Outcomes

NSC EHS utilizes *MyTeachingStrategies* to assess and document developmental progress for all children enrolled in the program. The table below summarizes the data for 64 children that were enrolled and participating for a least one year (three check points) between Fall 2014 and Spring 2018; 60% of these children were enrolled for at least two years and completed developmental check points for two or more age levels. Initial developmental check points indicate that many of the children (32%) were rated as “below developmental expectations” at enrollment. This was especially true for children that enrolled at age two (70%) and at age one (30%). Almost all children (96%) consistently demonstrated developmental skills rated as “meeting or exceeding developmental expectations” at the end of an age level.

Meeting Developmental Expectations		Initial Check Point	Final Check Point
Birth to 1 year	Below Expectations	5	1
	Meets Expectations	36	40
1 - 2 year	Below Expectations	13	1
	Meets Expectations	29	41
2 - 3 year	Below Expectations	15	2
	Meets Expectations	6	19

North Snohomish County Early Head Start Family Partnerships

Parent Leadership

IT Specialist staff work with parents to give them opportunity to participate in:

- ◆ EHS parent Policy Council for program planning
- ◆ Family goal-setting and goal-tracking, including developing action plans
- ◆ Parent education such as First Aid classes, income tax preparation, family emergency preparation, home health care and parenting.



Parent Meetings	Parents Attending Meetings	Parent Volunteer Hours
12	180	17,737*

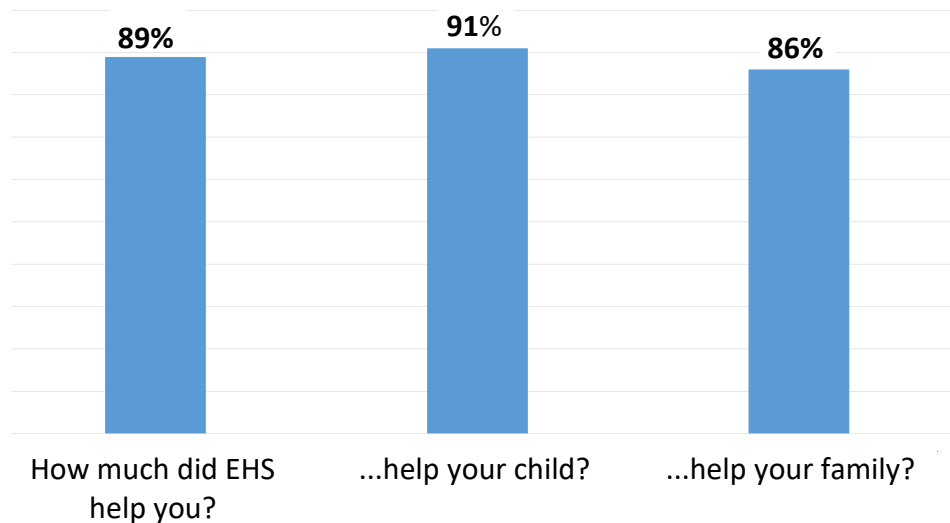
**NSC EHS staff work with parents to design family Weekly Learning Plans with activities specific to the child's individual developmental growth. Hours parents spend doing the activities in a family's Weekly Learning Plan are included in the total number of parent volunteer hours.*

North Snohomish County Early Head Start Family Partnerships

Family Surveys

NSC EHS uses the agency CCR Analytics to survey parents to assess program effectiveness. 61 parents and guardians enrolled in NSC EHS reported how they and their families benefited from the variety of services received.

% of Responses “Very Helpful”



In the Words of Parents...

EHS coordinated resources from the community for us. We have been able to define plans for our family’s future and I am feeling empowered about my parenting.

The entire family is supported, not just the child in program.

EHS gives me the opportunity to socialize with my children and they get to know different people and places. I learned new ideas to meet my children’s needs.

I have learned what is good and bad for my baby.



Photo: Smart Parenting

North Snohomish County Early Head Start Budget

For the year 2017, NSC EHS operated on a budget of **\$1,175,355**. A summary of revenue and expenditures for 2017 and the current 2018 budget are shown in the charts below:

Expenditures: January 2017-December 2017

Operating Allocation	
Personnel	\$641,950
Fringe Benefits	307,554
Travel	0
Supplies	10,543
Contractual	5,175
Other	182,233
Training Allocation	
Travel	3,786
Supplies	413
Contractual	2,800
Other	20,901
TOTAL	\$1,175,355
Non-Federal Share	\$356,479

Budget: January 2018-December 2018

Operating Allocation	
Personnel	\$642,148
Fringe Benefits	311,568
Travel	0
Supplies	12,207
Contractual	4,500
Other	206,866
Training Allocation	
Travel	4,660
Supplies	2,353
Contractual	0
Other	9,787
TOTAL	\$1,205,189
Non-Federal Share Requirement	\$405,606

NSC EHS Exceeds Minimum Requirement for Non-Federal Share Contributions!

EHS programs must match at least 20% of their total funding award in donated goods or financial support. **In 2017, NSC EHS exceeded the 20% mark by \$62,240!** We leveraged **\$356,479** in community support, transportation, food, research analysis, and parent and community volunteer hours.

Federal Review

The NSC EHS program undergoes a periodic federal monitoring review by the Office of Head Start. EHS has completed three federal program reviews with no significant findings. We applied for, and were awarded, a five-year non-competitive contract in 2015 that is ending December 2019. We are in the process of completing the next Baseline Application (new Non-Competitive Application) for years 2020 – 2024.



Photo: Open Circle Rhode Island

Early Intervention Program Services and Outcomes 2018

Snohomish County is the local lead agency for Early Support for Infants and Toddlers (ESIT). ESIT coordinates the statewide system of early intervention Part-C services required by the 1986 federal mandate, the Individuals With Disabilities Act, to support young children and families. Snohomish County Early Intervention Program (EIP) operates under these federal standards to provide early intervention services for young children and their families.



EIP provides coordinated comprehensive, high quality services such as speech therapy, occupational and physical therapy, nutrition, vision and education. We also provide:

- Coaching and support to parents and caregivers to build upon family strengths
- Enhancement of the development of children in everyday learning opportunities
- Services in a natural environment including your:
 - ◊ Home
 - ◊ Child care
 - ◊ Neighborhood
 - ◊ Anywhere typically developing children live, learn and play
- Help for families to access and/or identify community resources
- Partnership with parents/caregivers to work with their child in their natural learning environments to enhance learning and development



Early Intervention Program Services and Outcomes 2018

A Profile of Our Families

Ethnicity	Total By Count	Age 0—1	Age 1—2	Age 2—3
American Indian/Alaskan Native	25	1	7	17
Asian	180	23	47	110
Black/African American	100	18	17	65
Hispanic/Latino	375	41	94	240
Native Hawaiian/Pacific Islander	16	3	6	7
White	1,192	165	295	732
Two or More Races	217	34	54	129

Early Intervention Services Stats

Infants and toddlers and their families served at any one time	1,152
Eligible infants and toddlers and their families who received services	2,106
(%) Toddlers exiting early intervention who did not qualify for special education at age three	34%
(%) Infants/toddlers and families who received services in the natural environment (i.e., in-home)	99%

Outcomes for 746 Children Served

	Increased Growth by Time of Exit	Functioning at Age Expectations by Time of Exit
Positive Social-Emotional Skills	53%	54%
Acquiring and Using Knowledge and Skill	62%	53%
Use of Appropriate Behaviors	63%	56%



Photos: Ability Mission

Early Childhood Education and Assistance Program Services and Outcomes 2017-18

A Profile of Our Families

Child age...	
4-Year-Olds	66%
3-Year-Olds	34%
Race (four primary, unduplicated count)	
White	42%
Hispanic/Latino Ethnicity	34%
Bi-racial/Multi-racial	9%
Black/African-American	8%
Home language (three primary identified)...	
English	72%
Spanish	21%
Arabic	3%
Homeless anytime during school year	6%
Homeless within 12 mo. prior to application	6%
Foster	3%
Kinship Care	4%
Child on IEP during school year	9%
Single parent home	43%
Household income...	
At or below 50% FPL	38%
50-80% FPL	21%
80-110% FPL	29%
Family risk factors: current or previous...	
Parent w/ mental health issues	24%
Substance abuse	12%
Domestic violence	15%
CPS/FAR involvement	15%
Family isolation	15%
On wait list for ECEAP services	302

ECEAP provides comprehensive, culturally-responsive services in education, family support, health and nutrition. Our classroom curricula:

Creative Curriculum® for Preschool provides a framework for implementing developmentally appropriate activities for children that promotes learning through play.

Second Step: A Violence Prevention Curriculum teaches social and emotional skills for violence prevention. It includes parent education components.

Child Protection Unit (CPU) builds on the Sec-

ond Step curriculum. The goal of the Child Protection Unit is to develop child, staff, and adult caregiver knowledge and skills for protecting children from unsafe and abusive situations.

ECHOS – Early Childhood Hands-on Science provides interactive activities that support children to learn concepts of natural science and skills related to observation, experimentation, and critical thinking.

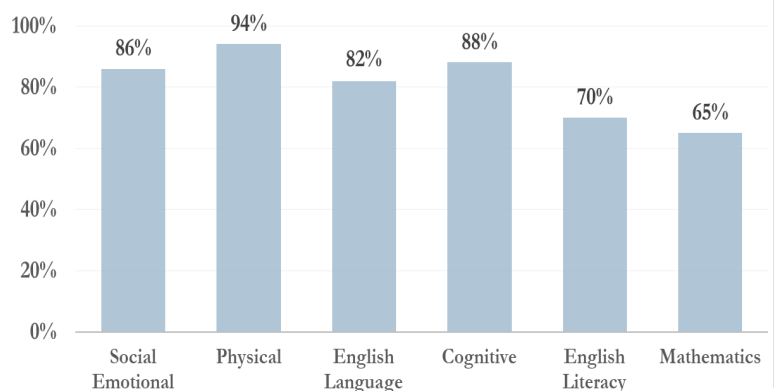
Building Foundations That Last is a literacy framework that teaches children to develop organizational, language, compositional and cognitive skills.

Snohomish County Early Learning Math provides learning activities that introduce children to foundational math concepts and activities that connect math to their play, routine and environment.

Developmental Outcomes

Snohomish County ECEAP uses *Teaching Strategies GOLD™* (TS GOLD) to assess the growth and development of children throughout the program year. Teachers assess children's progress on the Objectives for Development & Learning three times each year—Fall, Winter and Spring. Assessments are based on the Progressions of Development and Learning, which are based on standard developmental and learning expectations for most children at various ages (TS GOLD Widely Held Expectations).

Reflected below are the percentages of the 694 pre-kindergarten children whose knowledge, skill and behaviors in each area of development are at or above the range of skills needed to be ready for kindergarten entry as assessed in Spring 2018.



Early Childhood Education and Assistance Program Services and Outcomes 2017-18

Health Outcomes

The family support staff review child **medical, dental and immunization** reports and consult with the Early Learning Division Nurse regarding any questions or identified concerns. Family support staff help families access health services such as dental care, well-child exams, and nutrition consultations.

When it is not possible to obtain a dental exam through a dental office, dental professionals from Smile Partners and Kids Cavity Prevention Program visit ECEAP sites and provide oral screenings for children.

Child medical exam completion rate: 95%
Dental exam completion rate: 96%
Immunization completion rate: 96%*

*4% are still on a schedule for shots or are documented as exempt



Body Mass Index (BMI) data in ECEAP was provided by the Department of Children, Youth and Families children enrolled Fall 2017 through Spring 2018.

- **35** children measured as underweight in the Fall; **54.3%** of those children moved to healthy weight in the Spring
- **196** children measured as overweight in the Fall; **26.0%** of those children moved to healthy weight in the Spring
- **187** children measured as obese in the Fall; **27.3%** of those children moved to a healthier BMI status in the Spring (**16.1%** to overweight and **11.2%** to healthy weight).

Early Childhood Education and Assistance Program Family Partnerships

Family support staff work in partnership with parents to help build healthy, stable families. Using methods that are tailored to fit individual family configurations, culture, language and child-rearing practices, family support staff assist families with accessing resources, setting goals, and facilitating parent education on a wide variety of topics.

Mobility Mentoring® (MM) is a model adopted by the Department of Children, Youth and Families (DCYF) to support a family's journey from poverty to economic self-reliance. Using the MM model, ECEAP staff use a family-centered services approach to support parents to set goals and strategies that promote stability, well-being, financial management, education and professional development. Staff:

- ◆ Focus on family strengths
- ◆ Adopt a coaching mindset—empowering families to develop their own ideas and solutions
- ◆ Understand the impact of past trauma and use an Unconditional Positive Regard approach
- ◆ Understand and address issues related to equity and inclusion

With this approach, parents have opportunity to grow in the areas of problem-solving and decision-making; impulse control; mental flexibility; memory; connection to others; belief in oneself; self-identity; self-care and stress relief. After two years of implementing MM, DCYF surveyed parent participants to evaluate the effectiveness of the model. Statewide results show that the greatest gains for participants were: school involvement; community resource knowledge; healthy lifestyle; developing parenting skills; savings; and personal professional networks.

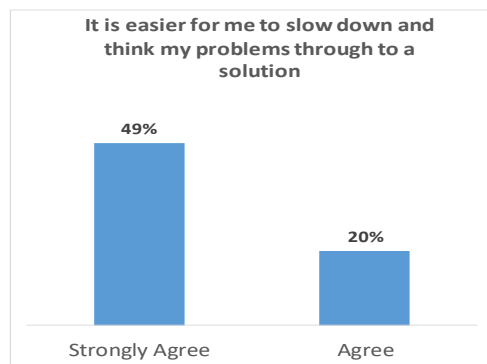
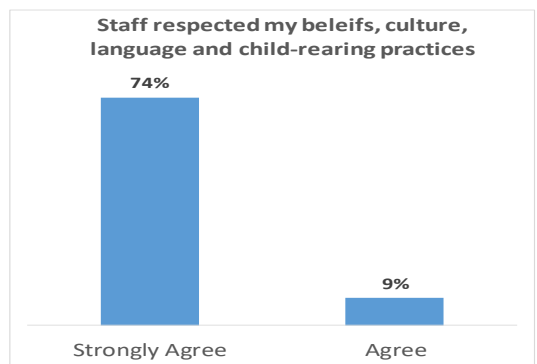
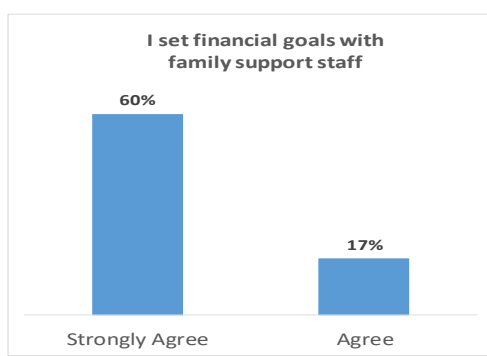
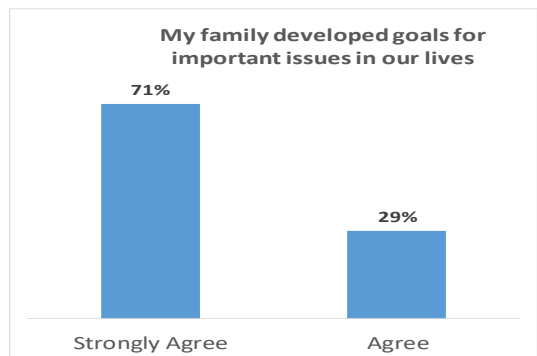
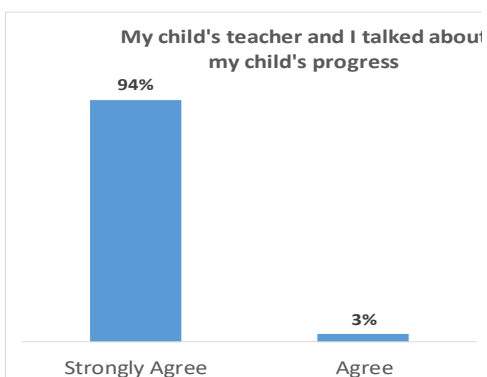
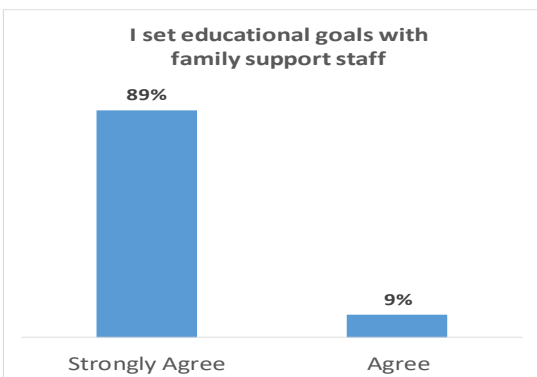
Family Partnership Statistics

Family Events	Parents at Family Events	Parent Ed. Activities	Parents at Parent Ed.	Parents at Meetings	Parent Volunteers	Volunteer Hours	Professional Referrals
179	4,557	237	2,373	489	264	7,614	5,849

Early Childhood Education and Assistance Program Family Partnerships

Family Surveys

ECEAP surveys parents every year to see how they and their families benefited from the variety of services they received. Below is data from 776 Snohomish County ECEAP families surveyed and published by our funder, the Department of Children, Youth and Families.



In the Words of Parents...

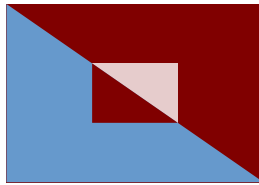
ECEAP helped me to stand up for my future educational goals. They provide learning opportunities and helped me to go back to school to reach my goals. Thank you so much ECEAP for supporting me to reach my dream.

ECEAP has helped my daughter develop social skills, further speech development, learn English and get ready for Kindergarten.

Our daughter was able to go into kindergarten with ease and happiness. If it wasn't for ECEAP, she would not have been able to open up and tell adults when another child was in trouble.

ECEAP empowered my son—it strengthened his interest in his educational journey!

Photos: MyTonic.com, ucg.org, bigstock



Thank you for supporting the work of the
Developmental Disabilities and Early Learning Division.



Photo Courtesy Everett Public Schools